LY49C

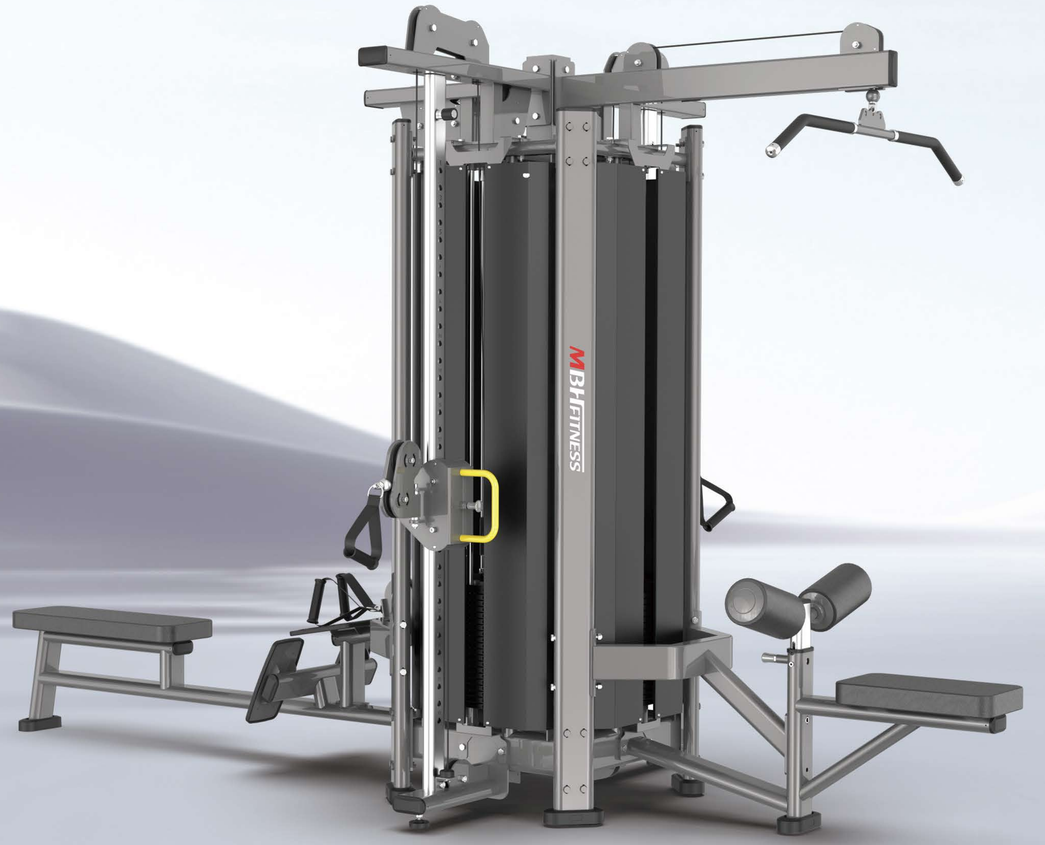
4 Multi Station

Product Parameters

Size :	3860*2560*2440 (MM)

LY49D

4 Multi Station



Product Parameters

Size:	3860*1750*2440 (MM)

LY49E

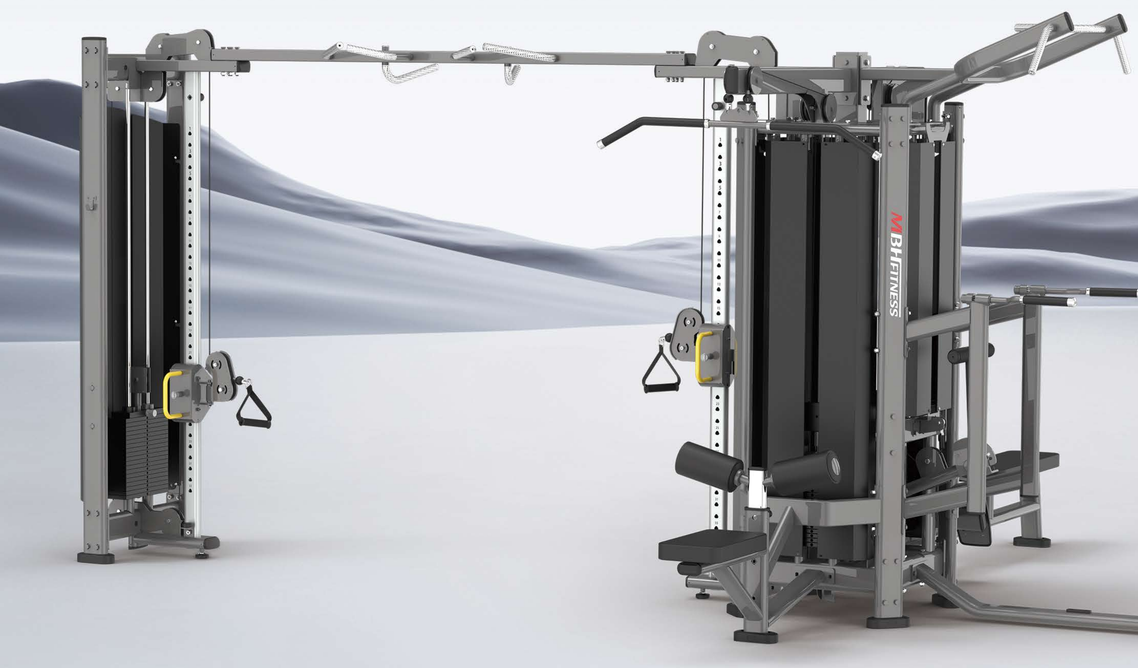
4 Multi Station

Product Parameters

Size: 2570*2410*2440 (MM)

LY59B

5 Multi Station



Product Parameters

Size	5340*3860*2440 (MM)

LY89B 8 Multi Station

Product Parameters

Size : 6350*3860*2440 (MM)

LY89C 8 Multi Station

Product Parameters

Size : 7180*3860*2440 (MM)

LY16 PRO 16 Multi Station

Product Parameters

Size :	7740*6850*2440 (MM)

L-SHAPED

16 Multi Station

Product Parameters

Size:	10190*6240*2440 (MM)

LY MORE 16 Multi Station

Product Parameters

Size : 14720*3860*2440 (MM)

PL-08

Multi-functional Smith Machin

Functional Parameter

Size（mm）：	2270X1950X2315

Main Functions

Flat Bench Press	Lateral Raise	High Bar&Parallel Bar	T-Bar Rows	Extension Bar
Incline Bench Press	Front Raise	Push-Up	Front Raise	Mechanical Arm Squat
Decline Bench Press	Side Waist Pull	Seated Row	Spring Training Belt	Mechanical Arm Free Press
Seated Bench Press	Standing Bench Press	Chin-Up	Mechanical Arm Extension	Mechanical Arm One-Arm Press
Smith Machine Squat	Biceps Curl	High Reverse Fly	Mechanical Arm Deadlift	Mechanical Arm Deep Deadlift
Smith Machine Deadlift	Seated Lat Pulldown	Biceps & Triceps TRX	High Push-Ups	Mechanical Arm One-Arm Pullover
Smith Machine Shrug	High/Median/Low Cable	Barbell Free Twist	TRX Inverted	Barbell Free Squat
				Smith Machine Leg Press

PL-08A

Multi-functional Smith Machin

Functional Parameter

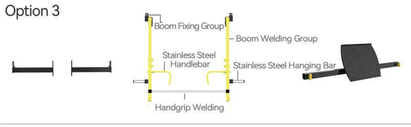
Size（mm）：	2270X1950X2315

Main Functions

Option 1 (Baking& Matte Black)

Short Barbell Bar Bracket | Long Barbell Bar Bracket | Olympic-Bar Placement Rack

Option 3



Boom Connecting | Pedal Plate

Option 2

Olympic-Rod Fixed Bracket | Handle(Pitted Surface& Plastic Dipping)

Option 4

Leg Press Cushion | High Pull Handle(Plastic Dipping)

Option 9

Adjustable Bench(Independent Packing)

Option 5

Pedal Kit

Option 6

Incline Squat Machine Training Rack

Option 7

High Bar And Parallel Bar

Option 8

Spring Rope Hanging Hook | U-Shaped Fixed Hook

Option 10

Short barbell bar bracket(baking&matte black)

PL-12

PL-12 3 STATIONS

Product details

Size（mm）:	3290X2380X2220

Main Functions

Chest press	Straight Arm Pull-down	Bicep curl Pull-down	Biceps Extension	Abdominal crunch
Wrist Joints training	Seated Row	Back Flexion	Knee bend	Adjustable Dumbbell chair
Kick Training	Leg Curl	Side-leg kick	Kick back	Standing lift
Pec Fly	Pull-up	Dip Training	Leg curl	

Muscles Trained

Pectoralis Clavicle	Deltoid Anterior	Biceps brachii	Triceps
Anterior arm muscle group	Latissimus Dorsi	Trapezius	Teres Major
Teresminor	Rectus Abdominis	Gluteals	Biceps brachii
Quadriceps Femoris muscle	Calf muscles	Inner and outer Thigh musde group	

PL-12A

PL-12A 1 STATION

Product details

Size（mm）：	2010X960X2140

Main Functions

Chest press	Pec Fly	Straight Arm Pull-down	Bicep curl Pull-down
Biceps Extension	Wrist Joints training	Seated Row	Back Flexion
Knee bend	Kick Training	Leg Curl	Side-leg kick
Kick back			

Muscles Trained

Pectoralis Clavicle	Deltoid Anterior	Biceps brachii	Gluteals
Anterior arm muscle group	Latissimus Dorsi	Trapezius	Teres Major
Teresminor	Rectus Abdominis	Gluteals	Biceps brachii
Quadriceps Femoris muscle	Inner and outer Thigh musde group		

PL-13 4 STATIONS

Muscles Trained

Pectoralis Clavicle	Deltoid Anterior	Biceps brachii	Triceps
Anterior arm muscle group	Latissimus Dorsi	Trapezius	Teres Major
Teresminor	Rectus Abdominis	Gluteals	Biceps brachii
Quadriceps Femoris muscle	Calf muscles	Inner and outer Thigh musde group	

Product details

Size（mm）：	3290X2950X2220

Main Functions

Chest press	Straight Arm Pull-down	Bicep curl Pull-down	Biceps Extension	Abdominal crunch
Wrist Joints training	Seated Row	Back Flexion	Knee bend	Adjustable Dumbbell chair
Kick Training	Leg Curl	Side-leg kick	Kick back	Standing lift
Leg Kick training	Pull-up	Dip Training	Leg curl	